

12th International Alexander Technique Congress

15 – 21 August 2021
Technische Universität Berlin | Germany

NOW



Nurturing Our Work

May 2019

A year ago, in the spring of 2018, the chronicles of the next AT Congress started when Andreas asked Rossella if she wanted to direct it with him. Rossella thought he was joking. It was on the 1st of April, after all. It turned out, he wasn't, so since then, they have been working together in creating the 12th International Alexander Technique Congress, titled “Nurturing Our Work”.

We are very happy to announce that we have a venue for 2021 and some dates for your diaries. We will all come together in Berlin to learn, connect and have fun (and “Nurture Our Work”!) from **Sunday, 15 to Saturday, 21 August 2021...**

We'll be at the "TU" (*Technische Universität*, the Berlin Institute of Technology) in the heart of Berlin: **Straße des 17. Juni 135, 10623 Berlin-Charlottenburg**. We will be using two of the TU buildings; the Main Building and the Mathematics Building, which are just across the street from each other.

The buildings are modern and functional. Being a university building, it's not the Queen's palace, but we fell in love with its vibe, the huge auditorium, its abundant amenities, and its



innumerable nooks and crannies where friends can sit, chat, eat, and even engage in a spot of semi-supine. It's a great place for students (that's us, right?!) to do all the things they want and need to do. We're especially excited about a beautiful, spacious and bright open space spanning several floors, called the "Lichthof". We nicknamed that space "the Angel Hall", and this will be where we will have our work-exchange stations and some great events.

This time, we are also trying a new "**pre-booking**" system. The way it works is that you put down 50 or 100 Euros now, and they'll be worth double when you do your regular registration for the Congress (which opens on 1 October 2019). So, pre-register now, save money and support the Congress while you're at it! The pre-booking period ends on 15 August 2019, so head to our website soon, at www.now2021.de...

NOW

Nurturing Our Work

12th International Alexander Technique Congress
15-21 August 2021
Technische Universität Berlin | Germany
www.now2021.de

**WE LOOK FORWARD
TO SEEING YOU IN BERLIN!**

Rossella Buono & Andreas Dirscherl